



Rewarding Learning

ADVANCED  
General Certificate of Education  
2025

Centre Number

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Candidate Number

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# Health and Social Care

Assessment Unit A2 6

*assessing*

Understanding Human Behaviour



**[AHC61]**

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**THURSDAY 12 JUNE, AFTERNOON**

**TIME**

2 hours.

**INSTRUCTIONS TO CANDIDATES**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write outside the boxed area on each page or on blank pages.**

Complete in black ink only. Do not write with a gel pen.

Answer **all three** questions.

**INFORMATION FOR CANDIDATES**

The total mark for this paper is 120.

Quality of written communication will be assessed in questions **1(e)**, **2(d)**, **3(b)** and **3(c)(i)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.



1 Most people experience stress at various times in their lives, and many seek help to cope. A range of treatments and therapies are available to help reduce or alleviate stress.

(a) List **three** symptoms that would suggest an individual is experiencing stress.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

(b) Describe how any **two** types of drug can work to reduce feelings of stress.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]



(c) Explain **two** advantages and **two** disadvantages of using drug treatments for stress.

Advantages

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Disadvantages

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over







2 The behaviourist perspective in psychology focuses on learning through interaction with the environment. The social learning perspective adopts many of the principles of behaviourism, but also recognises the importance of the role of other people in the process of learning.

(a) Draw lines below to match up the theorists from these perspectives with their theories.

Skinner

classical conditioning

[1]

Bandura

operant conditioning

[1]

Pavlov

social learning theory

[1]





(ii) Summarise how Skinner's theory has been applied to treating an eating disorder.

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[3]

























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For Examiner's use only	
Question Number	Marks
1	
2	
3	

<b>Total Marks</b>	
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Examiner Number

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